



SENSATIONAL OCCUPATIONAL HEALTH

THE ALAMA AUTUMN CONFERENCE 27-29 NOVEMBER 2013
THE GRAND HOTEL · ROYAL PAVILION · BRIGHTON

A MAJOR CPD OPPORTUNITY FOR OCCUPATIONAL PHYSICIANS INVOLVED WITH LOCAL AUTHORITIES, FIRE & RESCUE AND THE POLICE. ALSO RELEVANT TO THOSE WHO WORK IN THE NHS, FURTHER EDUCATION, CIVIL SERVICE AND THE FORCES



OUTSTANDING VALUE FOR MONEY · EXCELLENT CPD · AN INVALUABLE RESOURCE

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CONFERENCE INTRODUCTION



SENSATIONAL OCCUPATIONAL HEALTH – THE ALAMA AUTUMN CONFERENCE is an experience not to be missed. The programme will do more than just touch on topics relevant to Occupational Health. It's your chance to see the best, hear the latest and balance both evidence and opinion.



The Royal Pavilion, Brighton's iconic attraction and extraordinary oriental fantasy from the regency period.

The conference will ensure we have the very latest information at our fingertips and the understanding to operate at our most effective and efficient. It is an essential opportunity for those wanting to be right up to date on clinical and procedural issues and who aim to provide the highest standards in patient care and management.

This **key CPD** event offers excellent value for money and has been allocated a grand total of **17** accreditation points.

Building on the successful format of recent ALAMA events, the heart of the programme is on issues that are relevant to our everyday practice. Clinical issues will be presented by key experts in an atmosphere conducive to learning and productive discussion with your professional peers.

The conference will feature **Bill Gunnyeon (Chief Medical Advisor)** reflecting on the new national OH service, **Debbie Cohen, OBE** will run an interactive session on motivational interviewing and there will be an extended session analysing legal issues and skills required in the production and management of **clinical records**. We also recognise the benefits gleaned from more informal opportunities to share opinions and extend deliberations with colleagues.

In addition to the academic programme there will also be:

- Conference Reception and Dinner in Brighton's landmark venue, the Royal Pavilion. This is an opportunity to enjoy a relaxed evening with friends and colleagues in a stunning setting
- Exhibition of relevant suppliers and services
- Networking Reception and Dinner which is an opportunity to meet new colleagues and forge fresh working relationships with like-minded professionals.

CONFERENCE VENUE

In keeping with such a great programme, the conference will be held in a celebrated venue – Brighton's **Grand Hotel**. This famous Victorian hotel sits at the centre of Brighton's famous seafront and boasts opulent splendour, style and service.

CONFERENCE PROGRAMME

The **programme** includes:

- Asbestos and other Burning Issues – F&R Special Interest
- Audio Vestibular Issues
- Chaplaincy in the Police – Police Special Interest
- Clinical Records in OH – Best Practice
- GP Special Interest
- Hearing Impairment and its Impact at Work
- Local Authority Special Interest
- Motivational Interviewing
- The New Health and Work Assessment Advisory Service
- Peripheral Neuropathy in the Workplace
- Rheumatology
- Sailing Stormy Waters
- Schizophrenia
- Voice Disorders
- Vision Impairment Issues

CONFERENCE DINNER

The Conference Reception and Dinner will be held in **The Royal Pavilion**. This stunning venue is a remarkable tribute to the Prince Regent, later King George IV and its exotic exterior is more than matched by a magnificent interior.

The dinner will be preceded by a reception and the opportunity to tour this amazing building.

In a change to previous social programmes, the inclusion of the Reception and Dinner at the Royal Pavilion is being offered as an option within the Full Conference Package. Alternatively, delegates can choose to have dinner at the Grand Hotel.

The **Full Conference** registration options for Thursday Dinner are:

Package A: Reception and Dinner at the Pavilion,
Package B: Dinner at the Grand Hotel Restaurant.
(See the booking form for full details.)

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CONFERENCE PROGRAMME



“VERY PRACTICAL AND RELEVANT TO EVERYDAY PRACTICE AT WORK”

WEDNESDAY 27TH NOVEMBER

- 12.00-12.45 LUNCH**
- 12.45-12.55 WELCOME**
- 13.00-13.55 AUDIO VESTIBULAR ISSUES**
Clinical update on audio vestibular issues – dizziness, balance problems and tinnitus with a focus on the impact of the health problem on safety critical work.
Peter Savundra, Consultant Audio Vestibular Physician, Portland Hospital
- 14.00-14.55 HEARING IMPAIRMENT AND ITS IMPACT AT WORK**
The impact of impairment and use of hearing aids on communication and risk in call centre workers and safety critical workers. Includes an update on current technology and devices.
Wendy Horton, Saskia Harden, Hearing Therapists, Royal Sussex County Hospital
- 15.00-15.20 COFFEE**
- 15.25-16.20 VISION**
Aging, “normal” vision and minimum requirements in visually demanding occupations. A new approach to colour assessment, detection and monitoring of retinal disease within occupations.
Prof John Barbur, Professor of Optics & Visual Science, The Henry Wellcome Laboratories for Vision Sciences
- 16.25-18.00 SPECIAL INTEREST SESSION LOCAL AUTHORITY**
- 16.25-18.00 SPECIAL INTEREST SESSION GENERAL PRACTICE**
- 20.00-23.00 NETWORKING DINNER**

THURSDAY 28TH NOVEMBER

- 08.00-08.45 FREE SESSION**
- 08.45-08.50 WELCOME**
- 08.50-10.00 SCHIZOPHRENIA**
Current treatments and the impact of the health condition and its treatment on those working for the emergency services and local authorities.
Guy Roberts, Psychiatrist
Southern Health Foundation Trust
- 10.00-11.30 I CAN'T GO BACK TO WORK DOC!**
An interactive session on motivational interviewing, behavioural change, learning new skills and strategies to improve difficult consultations.
Debbie Cohen, OBE, Director, Centre for Psychosocial and Disability Research
- 11.30-11.50 COFFEE**
- 11.55-12.55 SAILING STORMY WATERS**
In July 2011 Jane set off sail around the world and in doing so learned quite a lot. To survive – the needs of the boat come first.... then the crew. How to mitigate risk in an extreme environment? How to cope with injured crew when a decent physical examination is impossible, and where medical support is 3 weeks away? And what happens when the doc gets injured and needs to be medevac'd by the US Coastguard.
Jane Hitchens, Consultant
East Kent Hospitals
- 13.00-13.55 LUNCH**

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**“ONE OF THE BEST
CONFERENCES I HAVE
EVER BEEN TO”**

14.00-15.30 SPECIAL INTEREST SESSION POLICE
Chaplains are there for all – ‘people of faith and of no faith’. Hear how the Role of Chaplaincy has changed over the last 10 years. It now includes operational issues and support in major/critical incident e.g. the search for April Jones, engagement with families over retained human tissue, support to the families of the officers killed in the GMP shooting.
Canon David Wilbraham, National Police Chaplain, Thames Valley Police

14.00-15.30 SPECIAL INTEREST SESSION F&R
Asbestos and other Burning Issues
Ian Griffiths

15.30-15.50 COFFEE

15.50-16.00 CHAIRMAN

16.00-16.55 THE NEW HEALTH AND WORK ASSESSMENT ADVISORY SERVICE
Update, analysis and discussion on of the delivery of the new national OH service.
Bill Gunnyeon, Chief Medical Adviser, Department for Work and Pensions

17.00-17.55 OCCUPATIONAL VOICE DISORDERS
The management of, and specific measures to prevent, permanent disability as the result of voice use or work environment amongst those whose voices are integral to their job such as teachers, call centre workers and actors/singers.
Meredydd Harries, Consultant Laryngologist, Royal Sussex County Hospital

19.30-20.15 RECEPTION AND OPTIONAL TOUR

**20.15-23.00 DINNER ROYAL PAVILION
OR
DINNER GRAND HOTEL**
Dependent on Conference Package selected – see the Booking Form for more details.

FRIDAY 27TH NOVEMBER

07.45-08.40 FREE SESSION

08.40-08.45 WELCOME

08.45-10.15 BEST PRACTICE CLINICAL RECORDS IN OCCUPATIONAL HEALTH
A practical exercise critiquing clinical records, issues around consent, how and why records are challenged during complaints, disciplinary, employment tribunals or courts and how to deal with these.
Penny Harper, Solicitor, Legal Experience Training Ltd

10.15-10.30 COFFEE

10.30-11.45 RHEUMATOLOGY
Update on treatment and evidence based management options for neck pain and back problems.
Karen Walker-Bone, Reader and Honorary Consultant, Brighton and Sussex Medical School

11.45-12.55 PERIPHERAL NEUROPATHY IN THE WORKPLACE
Overview of types of peripheral neuropathy, causes (work and non-work), investigation of, management and likely impact on ability to work.
Romi Saha, Lead Consultant, Royal Sussex County Hospital

12.55-13.00 Q/A ROUND UP

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CONFERENCE DETAILS



The Grand Brighton
97-99 King's Road, Brighton,
East Sussex, BN1 2FW.
T: +44 (0)871 222 4684
F: +44 (0)871 222 4725
E: reception@grandbrighton.co.uk

REGISTRATION

The conference will run from late morning on Wednesday 27th November until 13.00 on Friday 29th November. Please choose your registration package carefully and complete and return the form as soon as possible. Alternatively you can book and pay online at www.emmm.co.uk/alamabrighton. You can also pay by cheque, credit/debit card or BACS. Credit card payments include a 2.85% surcharge.

PROMOTIONAL OPPORTUNITIES

For organisations wishing to introduce your services or products to occupational health physicians, eager to meet, develop sales leads and build customer relations yet keen to keep costs down then this conference is for you. We offer a variety of opportunities to suit all budgets, or the chance to build a dedicated package specifically to meet your objectives.

For further information on sponsorship and support opportunities please contact Eleanor on alama@emmm.co.uk

POSTERS

Posters are also invited for consideration. If you would like to propose a poster please send a short summary or outline of your poster (Clearly marked POSTER PROPOSAL) by 10th September 2013. Any queries regarding Posters please contact Eleanor on alama@emmm.co.uk

PROFESSIONAL VALIDATION

ALAMA is the Association of Local Authority Medical Advisors. It exists to improve the communication, education, consistency and quality of clinical practice of Occupational Health physicians providing services to Local Authorities, including Police and Fire & Rescue Services as well as the Civil Service, Central Government and further education establishments.

Evaluation from previous ALAMA conferences has indicated a very high level of satisfaction regarding both the academic content and value for money. The Faculty of Occupational Medicine has awarded the **SENSATIONAL OCCUPATIONAL HEALTH** programme 17 CPD points. These will be split:

- 5 for Wednesday 27 November
- 8 for Thursday 28 November
- 4 for Friday 29 November

In line with ALAMA's aim to provide high quality content as well as value for money conferences this works out at £35 per CPD point for members booking the full package.

Non members wishing to join the association should apply for membership at www.alama.org.uk/register

ALAMA CONFERENCE OFFICE

EMMM, Arley House, 23 Red Lane, Appleton, Cheshire WA4 5AD. T: 01925 264663
M: 07760 287287 · E: alama@emmm.co.uk
www.emmm.co.uk/alamabrighton

ALAMA FUTURE CONFERENCES

Spring 2014 on 19-21 March we will be at **Crewe Hall**, an imposing and historic country house with modern conference facilities attached.

Autumn 2014 on 19-21 November we will be heading north to **Glasgow** to the recently refurbished Grand Central Hotel.

PUT THE DATES IN YOUR DIARY NOW!!

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CONFERENCE BOOKING FORM



TO BOOK ONLINE GO TO: WWW.EMMM.CO.UK/ALAMABRIGHTON

REGISTRATION OPTIONS

Please circle the elements you wish to book. If you would like to pay by Credit/Debit card you must complete an online booking www.emmm.co.uk/alamabrighton

DELEGATE DETAILS

FORENAME _____

SURNAME _____

ORGANISATION _____

ADDRESS _____

POSTCODE _____ TELEPHONE _____

GMC NUMBER _____ ARE YOU AN ALAMA MEMBER?

YES NO

EMAIL (ALL INFORMATION WILL BE SENT TO THIS ADDRESS SO PLEASE PRINT CLEARLY) _____

PLEASE TELL US IF YOU HAVE ANY SPECIFIC SENSORY, MOBILITY OR DIETARY REQUIREMENTS _____

SPECIAL INTEREST SESSION SELECTION

Please indicate if you will be attending.

NB Each session attend merits 1 CPD point.

Wed 27th Nov 16.25-18.00

Local Authority

GP

Neither

Thu 28th Nov 14.00-15.30

Police

Fire

Neither

CLINICAL PRESENTATIONS

Proposals for short clinical presentations and posters are invited for inclusion in future conference programmes. A synopsis should be sent to alama@emmm.co.uk

TITLE _____

TERMS AND CONDITIONS

This booking form constitutes a legally binding agreement. Payment must be received in full prior to the event. Delegate places will be confirmed and conference details sent subject to receipt of payment. Cancellations must be confirmed in writing three full weeks prior to the event and will be refunded minus an administration charge of £50. We regret that no refunds can be made after that time, for whatever reason, although substitutions will be accepted if notified in writing prior to the event. Event Management and Marketing Matters will hold the personal information you provide on a database.

Please tick here if you do not want to receive information regarding any future events of this nature.

CONFERENCE OPTIONS

	MEMBER	NON MEMBER
Full Conference Programme Package A <small>(TWO nights B&B, Networking Dinner Wed and Royal Pavilion Reception & Dinner Thurs)</small>	£630.00	£725.00
Full Conference Programme Package B <small>(TWO nights B&B, Networking Dinner Wed and Restaurant Dinner in Grand Hotel Thurs)</small>	£595.00	£685.00
Half Day Delegate Wednesday <small>(Including lunch)</small>	£155.00	£180.00
Day Delegate Thursday <small>(Including lunch)</small>	£250.00	£300.00
Half Day Delegate Friday <small>(Lunch not included)</small>	£130.00	£155.00
B&B Wednesday	£140.00	£150.00
B&B Thursday	£140.00	£150.00
Dinner Wednesday <small>(Networking Dinner in Grand Hotel)</small>	£45.00	£45.00
Dinner Wednesday Guest <small>(Networking Dinner in Grand Hotel)</small>	£45.00	£45.00
Dinner Thursday Royal Pavilion <small>(Reception & Dinner)</small>	£65.00	£65.00
Dinner Thursday Guest Royal Pavilion <small>(Reception & Dinner)</small>	£65.00	£65.00
Dinner Thursday Grand Hotel <small>(Restaurant Dinner)</small>	£45.00	£45.00
Dinner Thursday Guest Grand Hotel <small>(Restaurant Dinner)</small>	£45.00	£45.00
Guest <small>(Including shared room and Breakfast Wednesday)</small>	£25.00	£25.00
Guest <small>(Including shared room and Breakfast Thursday)</small>	£25.00	£25.00
TOTAL PAYABLE		

NB: All fees are inclusive of VAT at 20%. VAT Reg No. 677400133

PAYMENT OPTIONS

N.B. Bookings cannot be made unless full payment or a fully authorised Purchase Order is sent with this Booking form. If you would like to pay by Credit/Debit card you must complete an online booking form at: www.emmm.co.uk/alamabrighton

N.B. Credit card payments carry a bank charge supplement, which is currently 2.85%. Confirmations will be sent by email in receipt of your completed booking form and payment. Joining instructions will be sent early November 2013.

Yes / No I have enclosed a cheque for £

(Payable to ALAMA 2006, Yes we still mean 2006!!)

Yes / No I have enclosed a fully authorised Purchase Order Number

Yes / No Payment will be made by BACS to: ALAMA 2006,
Bank Details: NatWest, Sort Code: 60-20-29, A/C No 39523519
Swift Code: GB62NWBK60202939523519

SIGNED _____ DATE _____

PRINT NAME _____ POSITION _____

FOR FURTHER INFORMATION

Please send completed booking forms to the ALAMA Conference Office, EMMM, Arley House, 23 Red Lane, Appleton, Cheshire WA4 5AD.

T: 01925 264663 · M: 07760 287287 · E: alama@emmm.co.uk

www.emmm.co.uk/alamabrighton