



OCCUPATIONAL HEALTH: BASICALLY BETTER

THE ALAMA LEEDS CONFERENCE 21-23 NOVEMBER 2012
THACKRAY MEDICAL MUSEUM, LEEDS

**FOR OCCUPATIONAL HEALTH PROFESSIONALS
WORKING WITH THE EMERGENCY
SERVICES AND LOCAL AUTHORITIES AND
PRACTISING PHYSICIANS UNDERTAKING
DISABILITY ASSESSMENTS AND PROVIDING
MEDICO-LEGAL REPORTS**

- **OUTSTANDING VALUE FOR MONEY**
- **EXCELLENT CPD**
- **AN INVALUABLE RESOURCE**

OCCUPATIONAL MEDICINE FOR THE EMERGENCY SERVICES AND LOCAL AUTHORITIES

Occupational Health: Basically Better is specifically designed to benefit all practising OH physicians ensuring delegates are up to date on, and have a firm grasp of, important clinical, regulatory and legal topics. A key feature of the conference will be the variety of session formats, designed to involve delegates, encourage questioning and generate discussion – as well as entertain.

Clinical specialists, experienced in occupational health, will focus on subjects that regularly vex us in our everyday practice. To maximise the benefit from the clinical component the programme contains extended orthopaedic and psychiatric sessions which will centre on the discussion of cases and questions pre-submitted by delegates.

Processes and rules relating to the local government pension scheme and the police pensions regulations will be examined by experienced professionals to ensure the delivery of the highest quality services. Pension case scenarios will be presented, evidence provided, options voted on, data analysed and conformity of decisions discussed.

The legal component, led by Diana Kloss, will take the form of a mock tribunal with cross examination by a qualified barrister. This session is designed to help prepare physicians for the challenges posed by tribunals, hone skills required, raise questions and find answers.

Delegates will also be updated on GMC issues pertaining to the practice of occupational health, the SEQOHS accreditation process and PMAB for the SMP.

The ALAMA Leeds programme – Basically Better – is relevant to everyday OH practice. By focusing on basics the delegates will leave better prepared to provide the highest quality services in the most effective fashion. This conference offers delegates excellent value for money, high CPD validation and the benefits of networking with established colleagues and friends-in-waiting!

The programme will focus on

Clinical issues:

- Bipolar Disorder
- Chronic Fatigue Syndrome and work rehabilitation
- Knees: Examination and functional assessment, common conditions, treatment, and prognosis
- Personality Disorders
- Rehabilitation following cardiothoracic surgery

Fitness Issues:

- Fire-fighter fitness
- Fitness for vocational driving
- Cognitive impairment and fitness for work

Law and Regulatory Processes:

- GMC Matters: An update on concerns raised at ALAMA November 2011
- Mock Tribunal
- Sick Doctors and the GMC

Standards and Processes:

- LGPS: A Survival Guide
- Pension scheme conformity
- PMAB: Processes, key case laws and lessons for the SMP
- SEQOHS: Standards and processes

CPD and Value for Money

The conference is a key event for OH physicians from across the UK and beyond with delegates attending regularly from Republic of Ireland and as far afield as the UAE and Australia. Our research reflects a very high level of regard for both the quality of the academic programmes and the immeasurable value of the networking opportunities each conference offers.

The faculty has awarded this conference programme 18 validated CPD points, split Wednesday 21st November: 5 points, Thursday 22nd November: 8 points plus an additional point for those attending the special interest Fire session, and Friday 23rd November: 4 points.

The ALAMA conferences also continue to offer extremely good value for money and yet again fees levels have been held steady in line with the association's aim not to increase costs to delegates unless necessary. In essence the conference offers CPD at a cost from only £30.55 per point.

WEDNESDAY 21ST NOVEMBER

- 12.30-12.45 WELCOME**
- 12.45-13.45 FITNESS FOR VOCATIONAL DRIVING**
Considerations in fitness for vocational driving, including Type 1 Diabetes and response driving in police.
Judith Morgan, Medical Advisor, DVLA
- 13.45-14.30 PMAB: PROCESSES, KEY CASE LAWS AND LESSONS FOR THE SMP**
An opportunity for SMPs and FMAs to understand the PMAB process, the case law that supports the Regulations, pitfalls for the unwary and outcome trends.
David Wallington, Consultant, HML
- 14.30-15.15 LGPS: A SURVIVAL GUIDE**
Eligibility criteria, how to complete forms correctly, appeal processes and Tier 3 reviews.
Dale Archer, Consultant, Independent
- 15.15-15.30 COFFEE**
- 15.30-18.00 PENSION SCHEMES: RULES, CRITERIA AND REQUIRED EVIDENCE FOR REFERRALS**
An interactive session looking at conformity between OHPs of pension case decisions.
Noel McElearney, Head of Pensions Medicine, Atos Healthcare
- 19.45 DINNER QUEENS HOTEL**

THURSDAY 22ND NOVEMBER

- 07.45-08.45 FIREFIGHTER FITNESS**
An update on National fitness standards research and the legal implications of fitness testing.
Richard Stevenson, Senior Health & Fitness Adviser, South Wales Fire & Rescue Service
- 08.45-09.45 COGNITIVE TESTING AND SCREENING FOR THE OH PHYSICIAN**
Cognitive testing and practical insights into how individuals with varying degrees of cognitive impairment can be rehabilitated and supported at work.
Amanda Stroud, Consultant Clinical Neuropsychologist, St James's University Hospital Leeds
- 09.45-10.30 SEQOHS**
An explanation of the standards and processes underpinning SEQOHS and future implications for OH providers.
Darran Cahill, Manager; Sally Coomber, Clinical Lead; Safe Effective Quality Occupational Health Service
- 10.45-11.00 COFFEE**
- 11.00-12.30 KNEES: EXAMINATION AND FUNCTIONAL ASSESSMENT**
Common conditions, examination techniques, treatment and prognosis for function recovery followed by discussion of pre-submitted case examples involving employees with orthopaedic conditions.
Theo Asumu, Consultant Orthopaedic Surgeon, Royal Oldham Hospital
- 12.30-13.15 LUNCH**

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CONFERENCE PROGRAMME



THURSDAY 22ND NOVEMBER

13.15-14.45 BIPOLAR DISORDER
Diagnosis, classification, treatment and prognosis of patients with bipolar disorders followed by discussion of pre-submitted case examples.

James Briscoe, Consultant Psychiatrist

14.45-15.00 COFFEE

15.00-16.00 CHRONIC FATIGUE SYNDROME AND WORK REHABILITATION
Assessment and treatment options with real life examples of successful work rehabilitation of individuals with chronic fatigue syndrome.

Sue Pemberton, Consultant Occupational Therapist, Leeds CFS Service

16.00-17.00 PERSONALITY DISORDERS
A focus on personality disorders in the context of pre-employment, sickness absence, performance and behaviour at work, and ill health retirement assessments.

Gareth Vincenti, Psychiatrist

17.00-18.00 SICK DOCTORS AND THE GMC
Synopsis of the GMC's health assessment and of support processes available for Doctors with health problems.

Tok Hussain, Consultant OH Physician, Health Work Ltd

19.30-20.00 RECEPTION
Thackray Museum

20.00-23.00 CONFERENCE DINNER
Thackray Museum

FRIDAY 23RD NOVEMBER

08.00-08.45 BREAKFAST MEETING

08.45-09.45 GMC UPDATE
Action taken following questions and concerns raised at the November 2011 ALAMA conference.

Blake Dobson, Head of Case Review, GMC

09.45-10.45 REHABILITATION FOLLOWING CARDIOTHORACIC SURGERY
Developments in cardiothoracic surgery and patient rehabilitation focussing on fitness for work implications.

Mr Kalyana Javangula, Consultant Cardiothoracic Surgeon, Leeds Teaching Hospitals

10.30-10.45 COFFEE

10.45-13.00 MOCK TRIBUNAL
Update and practical interpretation of employment law principles relevant to all practising OHPs.
Mock Tribunal



ALAMA CONFERENCE OFFICE

EMMM, Arley House, 23 Red Lane, Appleton, Cheshire WA4 5AD. T: 01925 264663

M: 07760 287287 · E: alama@emmm.co.uk

www.emmm.co.uk/alamaleeds

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CONFERENCE DETAILS



REGISTRATION

The conference will run from late morning on Wednesday 21st November until 13.00 on Friday 23rd November 2012. Please choose your registration package carefully and complete and return the form as soon as possible. Alternatively you can book and pay online at www.emmm.co.uk/alamaleeds

You can also pay by cheque, credit/debit card or BACS. Credit card payments include a 2.85% surcharge.

PROMOTIONAL OPPORTUNITIES

For organisations wishing to introduce your services or products to occupational health physicians, eager to meet, develop sales leads and build customer relations yet keen to keep costs down then this conference is for you. We offer a variety of opportunities to suit all budgets, or the chance to build a dedicated package specifically to meet your objectives.

For further information on sponsorship and support opportunities please contact Eleanor on alama@emmm.co.uk

POSTERS

Posters are also invited for consideration. If you would like to propose a poster please send a short summary or outline of your poster (Clearly marked POSTER PROPOSAL) by 10th September 2012. Any queries regarding Posters please contact Eleanor on alama@emmm.co.uk

VENUE

The conference will be held in the iconic, city centre Queens Hotel adjacent to Leeds railway station. It could not be more convenient. There is even an entrance from the railway forecourt. For those who will be driving, head towards the city centre and City Square from the M621, M1 and M62. At the top of Neville Street, at the traffic lights, take a left into the slip road in front of The Queens. Discounted chargeable valet parking will be available for ALAMA delegates. The nearest airport is Leeds Bradford International which is 12 miles away.

The Queens is the most famous landmark hotel in Leeds. It radiates style with its proud 1930s Art Deco heritage, immaculate white Portland stone façade and inside a balance of old character and contemporary elegance. The hotel has recently undergone a £10.5 million restoration programme.

CONFERENCE DINNER

The conference dinner will be held in the Thackray Medical Museum where delegates will have an opportunity to step back in time and explore the delights and discoveries of medical advances through the ages. There might even be a few objects you remember fondly from your own earlier days in medicine!

The Museum is housed in a Grade II listed former workhouse building adjacent to St. James's Hospital. Paul Thackray, a former director of a Leeds based medical supply company established a charitable trust fund with the aim of building a medical museum based upon the small collection of medical equipment, books and trade literature which had started as the company archive. Through purchase and donations this has now grown to include over 42,000 objects and 18,000 books.

Please note that only the first 110 dinner bookings will be accommodated in the main room. Late bookings will be accommodated in a separate overflow room. Early booking is therefore encouraged!

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REGISTRATION OPTIONS

Please circle the elements you wish to book. If you would like to pay by Credit/Debit card you must complete an online booking www.emmm.co.uk/alamaleeds

DELEGATE DETAILS

FORENAME	

SURNAME	

ORGANISATION	

ADDRESS	

POSTCODE	TELEPHONE
_____	_____
GMC NUMBER	ARE YOU AN ALAMA MEMBER?
_____	<input type="checkbox"/> YES <input type="checkbox"/> NO

EMAIL (ALL INFORMATION WILL BE SENT TO THIS ADDRESS SO PLEASE PRINT CLEARLY)

PLEASE TELL US IF YOU HAVE ANY SPECIFIC SENSORY, MOBILITY OR DIETARY REQUIREMENTS

BREAKFAST SESSION

Please indicate if you will be attending the **Special Interest Fire & Rescue Breakfast Session** 07.45 Thursday 22nd November
Confirmed attendance merits an additional one CPD point.

 YES NO

CLINICAL PRESENTATIONS

I would like to propose a clinical presentation/poster for future consideration.

TITLE

A SYNOPSIS SHOULD BE SENT TO ALAMA@EMMM.CO.UK

TERMS AND CONDITIONS

This booking form constitutes a legally binding agreement. Payment must be received in full prior to the event. Delegate places will be confirmed and conference details sent subject to receipt of payment. Cancellations must be confirmed in writing three full weeks prior to the event and will be refunded minus an administration charge of £50. We regret that no refunds can be made after that time, for whatever reason, although substitutions will be accepted if notified in writing prior to the event. Event Management and Marketing Matters will hold the personal information you provide on a database.

 Please tick here if you do not want to receive information regarding any future events of this nature.TO BOOK ONLINE GO TO: WWW.EMMM.CO.UK/ALAMALEEDS

CONFERENCE OPTIONS

	MEMBER	NON MEMBER
Full Conference Package (TWO nights B&B, lunches, dinner on Wednesday, Thursday)	£550.00	£620.00
Half Day Delegate Wednesday (Including lunch)	£140.00	£165.00
Day Delegate Thursday (Including lunch)	£225.00	£265.00
Half Day Delegate Friday (Lunch not included)	£120.00	£140.00
B&B Wednesday	£115.00	£115.00
B&B Thursday	£115.00	£115.00
Dinner Wednesday	£35.00	£45.00
Dinner Wednesday Guest	£35.00	£45.00
Dinner Thursday	£45.00	£55.00
Dinner Thursday Guest	£45.00	£55.00
Guest (Including shared room and Breakfast Wednesday)	£20.00	£20.00
Guest (Including shared room and Breakfast Thursday)	£20.00	£20.00
TOTAL PAYABLE		

PAYMENT OPTIONS

N.B. Bookings cannot be made unless full payment or a fully authorised Purchase Order is sent with this Booking form. If you would like to pay by Credit/Debit card you must complete an online booking form at: www.emmm.co.uk/alamaleeds

N.B. Credit card payments carry a bank charge supplement, which is currently 2.85%. Confirmations will be sent by email in receipt of your completed booking form and payment. Joining instructions will be sent early November 2012.

Yes / No I have enclosed a cheque for £

(Payable to ALAMA 2006, Yes we still mean 2006!!)

Yes / No I have enclosed a fully authorised Purchase Order Number

Yes / No Payment will be made by BACS to: ALAMA 2006,
Bank Details: NatWest, Sort Code: 60-20-29, A/C No 39523519
Swift Code: GB62NWBK60202939523519

SIGNED _____ DATE _____

PRINT NAME _____ POSITION _____

FOR FURTHER INFORMATION

Please send completed booking forms to the ALAMA Conference Office, EMMM, Arley House, 23 Red Lane, Appleton, Cheshire WA4 5AD.
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